



# Recovery Walks! 2009



## WHO IS PRO-ACT?

**Pennsylvania Recovery Organization - Achieving Community Together (PRO-ACT)** is a well-respected, highly visible and vibrant grassroots organization for people affected by Substance use disorders and their family members. Membership includes individuals in recovery, family members and allies throughout Southeastern Pennsylvania. PRO-ACT members “put a face on recovery.” By being public about recovery and through the power of personal stories, our membership is an incredible teaching and healing force. PRO-ACT works to shape public policy reduce the stigma of addiction and actively promote recovery through community programs and activities. PRO-ACT provides hope!

### Public Information

Community education is a critical to reducing stigma and helping the community understand the disease of substance use disorder.

- 24-Hour Information Support Line 800-221-6333
- Website: [www.proact.org](http://www.proact.org) with links to national websites
- Monthly e-newsletter
- Public Awareness Campaigns
- Coordinated Pennsylvania's “Addiction & Recovery: Communities Take Action” Campaign
- Developed and published Consumer Guides: Consumer Guide to Sober Housing, Consumer Guide to Medication Assisted Recovery, and Consumer Guide to Pennsylvania's Drug and Alcohol Insurance Law: Pennsylvania's Act 106 of 1989
- Special Events designed to reduce stigma and increase visibility of the recovery community.

### Peer Education and Support

Peer education and support is key in helping families and individuals gain the knowledge and skills to understand the illness and sustain long-term recovery.

- Mentoring and Recovery Coaching Program
- Family Education Program: Educates families about substance use disorder, provides hope and support for recovery and offers skill-building to cope constructively with the illness.
- Community Special Topic Educational Forums
- Peer Leadership Academy- building leaders within the community

### Advocacy

Advocacy is our strongest tool to effect change. PRO-ACT provides a voice for the recovery community at the local, state and federal level. Some of our advocacy efforts include:

- Act 106- helps individuals and families protect their rights to minimum treatment guarantees afforded by this Act.
- V3 Coalition One Voice for Prevention Treatment and Recovery Support- PRO-ACT hosts and provides organizational support bringing together the voices of prevention, treatment and recovery support.
- Recovery Voices Count- PRO-ACT coordinates a state-wide effort to register and mobilize voters, holds town meetings and meets with legislators.

### Recovery Support Services

PRO-ACT provides peer-driven recovery support services designed to help people access and sustain long-term recovery. They are provided in the community as well as through our three Recovery Community Centers. PRO-ACT served over 16,000 individuals in recovery and their families in Fiscal Year 2007/2008.