



# Recovery Walks!



## PRO-ACT Recovery Walks!

### General Information

- Team Captains are encouraged to set a date by which their walkers should register themselves. This will save the team time on the day of the walk.
- Everyone must preregister individually online at [www.recoverywalks.org](http://www.recoverywalks.org) (even if you're walking on a Team), or complete and turn in a Walker Registration Form.
- There is no walker registration fee for the Recovery Walks!
- Companies, organizations, and families are encouraged to organize teams of walkers made up of employees, organization members, relatives, and friends to take part in the walk. Team Captains must complete a Team Captain Registration Form.
- All participants are encouraged to collect donations from family members, friends, co-workers and business associates in support of their participation in the walk.
- Walkers will have the ability to designate a portion of the proceeds to specific local PRO-ACT activities (via the Walker Registration Form).
- All walkers raising \$50 or more will receive an official Recovery Walks! T-shirt. If a walker has raised \$500 or more, they earn a Recovery Walks! Sweatshirt that will be available after the event.
- Teams will have the ability to order their own specifically designed T-shirts at a reasonable rate.
- Team-building and fundraising informational materials are available on the Recovery Walks! website at [www.recoverywalks.org](http://www.recoverywalks.org).
- Recovery Walks! is a rain or shine event.
- All contributions are tax deductible.